

Life Psychology by Numbers

Understanding yourself Loving and Respecting the Goddess within.

As a practicing psychotherapist, life coach and corporate consultant, I'm only too aware of the fact, that you don't have to be a corporate high achiever to succeed in life. All I need to do is look at a person's numerology to understand if they have the ability to achieve or not. *"However there are certain distinguishing characteristics that set some people apart from all the others"* Your personality profile chart will show me what motivates you and what doesn't; by what doesn't I'm referring to any potential mental and emotional blockages sitting in the background unchecked.

Recently I was doing a seminar for a group of likeminded practitioners, when one participant asked me, if you ever have days when you're felling flat. Who or what do you use as motivation or inspiration to lift yourself up again, very good question?
Answer. There are five people to whom I have the utmost respect for, all are High achievers, Knower's and Doers, My Wife – Joanne Antoun – Jamie Oliver – Keith Fennell – Paul McKenna, all these people share the same admirable qualities, such as being Motivated, with Drive and Enthusiasm, Passionate, Determination. How do I know, I've done their numerology for one, and I'm fascinated by their work ethic, their dedication to the human family.

The above named people all have Gifts, Strengths and some Weaknesses to overcome, who doesn't, yet it is their readiness to face themselves that in my eyes sets them apart from others in western society.

We are all angelic beings having a human experience; we are pure energy part of the cosmic consciousness, living on the divine matrix, where all life is connected, because everything exists in primal thought. We are all made up of three aspects known as the trinity factor; they are the Me, Myself and I. I being the I am divine or the divine I am, whichever way you want to put it.

There is so much more to life than we are prepared to comprehend and accept, such as our, Fears – Anger – Hates or Dislikes – Guilt – Blame and Shame –

Addictions, being our suppressive or coping mechanisms, i.e. Coffee, Smoking, Alcohol, Sex, Drugs, all of which will keep you disconnected from your authentic divine self.

I look at the world and see so many beautiful things to smile in my heart about; however I see three key issues that concern me greatly; for the future welfare of humanity hangs in a delicate balance.

1^{stly} Is the ladettes epidemic sweeping the western world, these young women are tomorrows mothers, what sort of example are they going to setting for their children?

2^{ndly} Is the Play Station / Xbox brainwashing of our sensitive children, how much damage are all these kill, kill games doing their evolving brains?

3^{rdly} Is with parents who are struggling to cope with these sensitive indigo children, with limited self respect, discipline and or poor social and even poorer communication skills?

“The celestial number crunchers” are still debating the outcome of mans inept mismanagement, the jury is still out, no verdict has been returned. What I see is needed in today’s corporate sector is less male narcissistic sociopaths and more spiritually aware Goddesses teaching these testosterone cowboys how to honour and respect others and the planet.

When I see a Fit, Healthy, Grounded women, I see a person who is in touch with the cosmic feminine divine, the Goddess within, however I cannot help but wonder if that is because of good parenting or because she is spiritually aware or both.

For me being spiritual aware is so much more than meditation, good nutrition, or expensive moisturisers, it’s about understanding the inner you, the real you through your Sacred Numerology, your personal Tarot cards lessons, ‘*you’re born under two Major Arcana and one Minor Arcana, and what it is these cards are telling you about your unique life’s journey*’ what your astrology ‘*eastern and western*’ tells you about other aspects of your physical and spiritual life, all of which go to makeup your 1000 piece jigsaw of life, your life, the life you came here to master.

For the benefit of the readers I will be concentrating on two forms of Sacred Numerology, being your Medicine Wheel, which outline what’s in store for you over the next **12** months, and you’re Life Path Number which indicates either a Soul Strength or Weakness in your makeup, or both, yes, it possible to have both, after all we can’t all be born perfect, for perfect isn’t human.

I am very grateful to the following Goddesses who took the time to write in to me, thank you so much, I hope you find what I've written beneficial to you.

Hi Malcolm my name is Janice; I'm 32 yrs I was born on the 22 /11/ 1977

Janice, I don't know how much you know about sacred numerology, but you have a very special set of numbers here. You have three master numbers in your D.O.B being the numbers 11 / 22 and 77 – You read like this, the number 11 indicates you have artistic and creative ability, being good with your hands.

The number 22 indicates you're potential with words, be it the written or spoken word, writing books is a possibility or public speaking. The number 77 indicates your intuitive self, and possibly some form of psychic ability. Add these three numbers together 11 + 22 + 77 and you get 110 this is big juju material, it literally means you have the potential to be one extremely gifted women.

Your age 32 = 5, 5 is about Self compassion – Self empathy – Self kindness, *remember the golden rule of life is Self Matters First and Foremost, you are no good to yourself or anyone else dead, Know thyself, Love thyself, Heal thyself. Eat to live, don't live to eat.*

Your life Path Number is 3, which is all about Self Respect, being Proactive, Integrity, Flexibility and Transparent Communication. It also illustrates one of two things A. You are either a very strong willed and a principle based person, or B. That you have some soul learning around the attributes described. You are missing the 4 – 5 – 6 line in your D.O.B chart, indicating there is also a possibility you are prone to some life frustrations from time to time.

Hello Malcolm I'm Victoria I'm 53 yrs, I was born on the 01 / 10 / 1956

Hello Victoria your age 53 = 8, 8 is about Discernment – Life's injustices and social unfairness's – Money management – And most importantly, it is about your Soul Script, being your Life Lessons, Life Learning and Life Experiences, and how you React or Respond to those aspects of life, you have come here to Study, Learn, Grow from and Master. Your year of birth 56 = 11, 11 is a master number, it's about being good with your hands, creativity, thinking on your feet and problem solving.

Victoria it is possible that you have carried forward one past life lesson with one self sabotage pattern attached to it; these two aspects could well be holding you back from achieving your true potential. You have a powerful Sun line of potential and determination, when you choose to use it. With the three ones in your D.O.B chart, there is also a strong possibility you have some yet to be discovered leadership qualities.

However you also have an open 4 – 7 – 8 corner in your chart, which means, there is a possibility you have some Soul issues around Trust – Self Esteem,

Confidence, Discernment, Justice and Money. Remember you cannot change what you don't acknowledge, diligence pays dividends.

Hi Malcolm I'm Elizabeth and I'm 33 yrs of age, I was on the 06 / 09 / 1976

Hello Elizabeth, question for you, do you ever feel like you are living two lifetimes in one life, well there is a very good chance you are, your year of birth 76 = 13, 13 people are what my mentor called, Blessed People, that is because they have chosen to put two lifetimes worth of soul learning into one lifetime, 13 also = 4, 4 is about Self Trust and Trusting people in general, being present and grounded in the moment.

Your age 33 indicates you in a master year; it's about Soul and Self expression, Relationships and Family. You have a potential to being too much in your thoughts, don't take criticism to heart as a result you possibly psychoanalyzing life too much. You are possibly prone to Emotional Sensitivity and or bouts of introspection. Look after your nutrition, don't become a comfort food eater, eat a healthy well balanced diet, stay off the addictive Junk foods.

Don't allow others to walk all over you, don't bend over backwards to please others either. With the two Nines and the two Sixes in your D.O.B chart you may feel like you are snowed under, always chasing your tail and going nowhere fast, Breath, Meditate and let go of the Life stresses, and when it comes to relationships, think before you speak, before you act, choose wisely with heart and not with your head and hormones.

Malcolm Alexander is the Founder, President of the Foundation, Humanity for a Global Consciousness. An internationally acclaimed Shamanic Apothecarist. Psychotherapist. Life Coach and Educator. He is the creator of the amazingly beneficial system, Life Psychology by Numbers and can be contacted International on +61 414 747 311 – Nationally on 0414 747 311 or by Email medicinewolfspeaks@stsoz.com Web address: DiamondSoulTherapies.com