

Love Languages

The now world famous author Gary Chapman, who wrote the absolute cracking best seller, called **The Five Love Languages**, this book has not only changed my perception of love, but the lives of several million people all over the world, who have taken his advice from the within the pages of this groundbreaking book.

The book is such a poignant read, so much so, that I personally believe, that if all **16** year old Males and Females were given this book to read, by the time they were old enough to get married and have children, you would slash the world divorce rate by $\frac{3}{4}$ of what it is today.

Today's emotional disconnected children are tomorrows parents, if today's parents were to read this book, then they would understand their children's love languages and their emotional needs better, just as they would understand each others love language and emotional needs, however, this is all fine in theory, being as I'm a practicing psychotherapist, spiritual counsellor life coach, I'm well aware of several aspects of life that Mr. Chapman fails to take into consideration, when he wrote his best seller, mainly Cellular Parental Programming “*Your Cellular Parental Programming is what you inherit when are conceived, it is your biogenetic operating system, you are literally 50% your mothers life patterns and you are 50% of your fathers life patterns, not to mention the fact you have your own unique authentic self soul script to live out in this lifetime*” it is these two patterning programs that cloud your sense of discernment for one and our love languages for two.

To a large degree, our parental programming not only inhibits our right to develop an Emotional Intelligence, in some cases it slaughters what emotional smarts we are born with, and it also explains why some children never amount to much in life, and why it is these people say they are victims of life circumstance, why they feel they don't belong, and why they turn to violence and drugs “*Violence because their angry as all hell and Drugs to kill the pains of life, if that doesn't work for them, then suicide becomes their only way out of the maze of pain and incomprehension they feel*” a large percentage of today's youth lack one key ingredient for life success, and that is literally Emotional Intelligence, today we have been Manipulate, Brainwashed and Disconnected from our Authentic Selves, by Church, State and the Media alike, what is missing in life is communication, what many people are not speaking is the love languages of life.

According to Gary Chapman, we have two predominant love languages, that's right people, we all speak at least two of those five love languages of life, however what if you are not speaking any of your partners love languages, well then you are not meeting their emotions requirements for one, at that point my advice is to read the book, and get with plan, before divorce become your reality, however, we must not forget that adults are not the only ones who speak a love language, Animals also speak a love language, Children also speak a love language, Teenagers also speak a love language, the question is, are we meeting each others the emotional requirements for souls nurturing, growth and development.

On a global basis it is estimated that as many as **85%** of the worlds house holds are Dysfunctional to some extent, according to science there is no such thing as the perfect home or the perfect up-bringing “ *the dysfunctional rating system as I was taught it is as follows* ”

- A.** Borderline Dysfunctional patterning – the rating is between **1 – 2**
- B.** Mildly Dysfunctional patterning – the rating is between **2 – 3**
- C.** Moderately Dysfunctional patterning – the rating is between **4 – 7**
- D.** Fully Dysfunctional patterning – the rating is between **8 – 10**
- E.** Extremely Dysfunctional patterning is grater than **10** and boards on wide-ranging systemic abuse etc, and two a large extent the above rating system can be altered considerably if people only knew how to speak the Five Love Language of Life, and for those of you who haven't read any of his books yet, the Five Love Language of Life are
 - 1.** Touch and Feeling or being Tactile with each other
 - 2.** Quality Time together
 - 3.** Receiving Gifts from one another
 - 4.** Acts of Service – This were a partner does things around the house etc, without having to be nagged into doing so
 - 5.** Compliments and Praise

However I'm also a grate believer in the other Four Cardinal Virtues of Love and for me these need to exist for true love abound

- 1. Implicit Respect** is of paramount importance
- 2. Trust** – Once a trust it has been betrayed there can never unconditional anything anymore, the best you can hope for is **80%** of what used to be

3. **Truth** – Live in truth – Walk in truth – Speak in truth – Heal in truth – Love in truth

4. **Transparent Communication** – that means NO skeletons in the closet

If you ask any of today's youth about Sex, for one they don't consider Anal Sex or Oral Sex as an act of Sexual intercourse, really, I beg to differ, they don't understand the difference between Love and Sex, they think they are both one and the same, really, that's like saying Body Image and Self Image are one and the same thing when they are distinctly different, Sex is a Social contract, here one moment and gone the next, money buys you sex anytime any place, while on the other hand money cant but love, isn't that what the Beatles said in the heady **60s**, they don't understand that sex is profane and love is a sacred covenant.

So what has to change in order to bring about due balance and harmony again, plenty for one, men need to understand that women are there equal full stop, they are not kitchen or sex slaves or Barbie-Doll accessories to show off every time you go out the front door to some function or gathering.

China was ruled by women for over a **1000** years with not so much as a problem, in ancient Egypt it was the Queen who ruled the people, and not their husbands the Pharaohs as popular history would have us believe, the Papacy used to have Female Popes, **3** of the **8** female popes ruled in their own right as Pope, Mary of Magdalene is still revered to this day, and in some case, much more highly so than Jesus himself is, why, you tell me.

A large percentage of today's girls or should I say Ladettes, really need to take a good long look at themselves, lose the I am queen bitch attitude, grow a head, get a brain and a life to go with it, for these Ladettes are tomorrow mothers, God help their children, while the mere males of this world, need to lose the he-man, masochistic attitude and learn the meaning of the words Respect and Equality, it is time we men gave women their rightful place, there rightful respect and there power back, once and for all time, it is time we learnt the true meaning of love, and practiced love, not intolerance and violence.

That's right lady's you are reading the soul of the man here, "*I know what your thinking, am I reading this right, this is a male talking here*" no I'm not someone who sounds too good to be true, yes, I sound like a man on mission, and I am, I abhor domestic violence of any kind, I defend the rights of the child, well someone has to be their voice and advocate.

Sorry lady's I'm deeply ensconced and very happily spoken for, money can buy you many things, but it can't buy me another Joy, and for those of you who are wondering if I am really too good to be true, Joy will tell you, I practice all the Five Love Languages in Gary Chapman's book, which I believe are one of the secret to a long lasting, healthy, happy marriage together.