

Past life Regression

There are those in the Cynical Allopathic Industry who don't or won't entertain the existence of past life incarnations, they hold, control, power and influence over our present life.

Being a Spiritual Healer / Alternative Practitioner, I'm trained in Hypnosis and Past Life Regression, I'm used to healing and clearing other people's deeper issues, whether it be from a previous incarnation, or something that has transpired within this lifetime, or maybe something that goes back to very early childhood, or maybe even a trauma that was sustained during your time in the womb “*something I have labelled for clinical purposes as, In-Gestational Trauma*” however nearly everyone of us has had a previous incarnation upon planet earth at some point “*I say nearly everyone, because I've left out of the equation, **Indigo and Crystal children** as well as nursery realm **First born's**, who are here experiencing life for the very first time*”.

Being a multi skilled practitioner is a real blessing let me tell you, however there are times when even the best of us can only do so much of the healing ourselves, after that, we need the help or assistance of someone more experienced than ourselves, so I know what it is to be Hypnotised and have several past life clearing and closures performed on me, afterwards the sheer feeling of liberation, the unburdening of the soul, the wow factor, is so real, you are so much more alive and invigorated.

I'd like to share with you a case in point, I've treated people who have had a sudden life altering event, that was not there on the Wednesday night, but by Thursday morning will not leave them alone ever again, or least that's what they think, enter me, the therapist, armed with Hypnosis and Past Life Regression skills amongst other things “*my hypnosis mentor said, if you listen carefully, your clients soul will actually tell what is wrong and where to go to fix the problem, he wasn't wrong*” and that was the case with my client John Citizen, age **23**, complained of mind numbing, splitting headaches, cucumber and teabags on his eyes, **2000**mgs of Panadeineforte, and a pitch black room did nothing to sooth his savage infliction.

His very concerned mother had taken him to several Doctors, as well as a leading Neurosurgeon, several cat scans and half a pint of blood later and they still couldn't find a single thing wrong with this otherwise healthy young man, his mother had exhausted every medical avenue open to her, it was time to try the alternative industry, a friend had been reading a book by Sylvia Brown on Hypnosis, past lives etc, now beside herself and in desperation she came to me, I listened intently to lads

story, making some notes as he went, before considering if I could to do alleviate his symptoms, I had a very good inkling as to where this would lead, and what the outcome would be.

In taking my case notes, he said the headaches started quit suddenly, just after his 22nd birthday, to his mothers way of thinking, there were no conceivable reasons whatsoever why he should be in such constant pain, there was NO Food Allergies, NO Car Accidents, NO Sporting injuries or blows to his head, his neck wasn't out of alignment, nothing seemed to make any sense.

So I asked if I could take him into to Hypnosis to find out if there was any unresolved past life issues that needed clearing in this lifetime, he said, not a problem, knock yourself out *“yep sure enough, there it was, the cause of his headaches, it was hiding in his last lifetime, a life cut very short, well before its allotted time”* he had no sooner died than he was sent right back down here again to complete his life learning all over again, hopefully this time his life will not get cut short.

In hypnosis I tuck him back through his birth, back through heaven, back to his last day alive in his last lifetime, I asked where he was on that day of his death, he had just had 22nd birthday by three weeks, he was a soldier, it was to be his first serious action and his last, he was storming the Normandy beaches on that fateful day, when a 308 calibre bullet from a German heavy submachine gun suddenly ended his life, he was shoot right between the eyes, *“hence the mind numbing, splitting headaches, bullets have a nasty way of leaving a lasting impression on you”* the cure to his problem, was simple, painless and permanent, while he was there reliving that days events, I got him to acknowledge the incident, and give forgiveness to all concerned, he then thanked the Etheric counsel for the future opportunity offered to him, we addressed his birth in this lifetime, we closed both chapters, I brought him back to full conscious awareness, and yes, you've guessed it, he's never had another headache since that day, *“hangovers excepted”* magical, truly magical, who said you have to be Merlin the magician to do magic.

Being a healer and health practitioner, you can imagine I keep a healthy regime, eating the right foods, exercise when time dictates, so recently I was taking some relaxing time in front of an episode of the Biggest Loser, it was the pay back episode where the Ginny Pigs get flog the trainers, well I couldn't stop laughing, I laughed so hard I though I had cracked a rib *“which as it turned out I hadn't, but it sure as hell felt like it at the time”* but over the next 36 hours the pain from my ribs grow steadily worse, to the point where I needed to have them strapped just to breath, *“my partner is a medical intuitive, said, there was no broken ribs or separation of the cartilage, but the pain said otherwise, I've heard of very old people with brittle*

bones snapping when laughing but healthy 52 year olds, is another thing altogether ” but I could not explain the pain I was in, or why it felt like I had two very broken ribs, however after having my ribs strapped I decided to go and have a meditate, during my meditation, spirit gave me the answers to my prays, in my lucid state, I heard a loving, gentle voice say, your ribs are the result of a past life injury from another time at the same age as you are now, “*thank you spirit, who says our prays never get answered ”* with that answer I got angel bump up both arms, confirmation, now that makes sense, a whole lot of sense, using Self Hypnosis, Reiki, Invocation and Decree, and timeline therapy, it wasn't long before the bandages were off and I could breath again with no pain what so ever, **72** hours after it all began I was a new man again, NO I didn't need to know what lifetime I was from, it was enough to know that the injury was from a past life that needed healing, clearing and closing, who says past lives don't affect us in the present, the evidence is overwhelming that they do, more so than we might imagine.